



**Federação Portuguesa  
de Judo**

**Portuguese Judo Federation  
Women Internacional Training Camp**

**Costa de Caparica - Almada  
Portugal 2018**

**February 5 – 7, 2018**

## **1. Date**

**Monday 5th of February – Wednesday 7th of February 2018**

The International Training Camp takes place just after the **European Judo Open Women, Odivelas 2018** and just before the **Grand Slam of Paris**.

## **2. Organizer**

**Portuguese Judo Federation**

Address: Rua do Quelhas, 32  
1200-781 Lisbon  
Portugal

Email: [portugalevents@fpj.pt](mailto:portugalevents@fpj.pt)  
Tel: +351 213931630  
Fax: +351 213951679

### **Emergency Contact:**

Mr. Miguel Abreu (+351) 910 406 802  
Ms. Linda Campos (Transfer Issues): (+351) 912 303 640

## **3. Women Internacional Traininig Camp Place**

The Training Camp will take place in:

### **Inatel Costa de Caparica**

Address: Av. Afonso De Albuquerque, S. João Da Caparica,  
2825-450 Costa da Caparica, Portugal



#### **4. Participation**

The Training Camp is exclusive for Women.

EJU / IJF Member Federations can participate at the ITC.

#### **5. Age**

15 years old and over (Born in 2003 and before)

#### **6. Responsibility of the Federations**

The athletes will train under the full responsibility of their National Federations. Each National Federation is responsible for insuring its judoka against injury and third part risk (public liability) during the period of the camp. The Portuguese Judo Federation decline all responsibility.

#### **7. Transport**

All participants of European Judo Open Women, Odivelas 2018, who wish to participate in the PJF Women Internacional Training Camp, will be transferred from Olaias Park Hotel to Inatel Costa de Caparica on Monday, 5<sup>th</sup> February morning.

#### **8. Accomodation**

##### **Inatel Costa de Caparica**

<b>Cost per Person per Night</b>	<b>Full-Board</b>
Single	90€
Double	75€
Triple	70€

Reservation must be done through the ITC Hotel Form and send to Portuguese Judo Federation by email ([portugalevents@fpj.pt](mailto:portugalevents@fpj.pt)).

Website: <http://www.inatel.pt/Fundacao/Onde-ficar/Praia/INATEL-Caparica/INATEL-Caparica.aspx>

## **9. Deadlines**

Visa Application: **Friday, December 29th 2017**  
Hotel Reservation and payment: **Friday, January 5th 2018**  
Travel details: **Friday, January 5th 2018**

## **10. Cancellation Policy**

Up to 30 days before arrival: no charge  
29 – 15 days before arrival: 50% refund  
Less than 15 days: no refund

## **11. Payment**

All payments should be transferred to the following bank account:

Account Name: FEDERAÇÃO PORTUGUESA DE JUDO  
Account Number: 00600152336  
BIC/SWIFT: CRBNPTPL  
NIB: 0046 0053 00600152336 33  
IBAN: PT50 0046 0053 00600152336 33  
Bank Name: BANCO POPULAR  
Bank Address: Av. Miguel Bombarda, 68 \* 1050-166 Lisboa

Payment Title: **POR2018**\_(your NOC)

All bank fees and money transfer costs must be paid by the sender federation.

## **12. Visa**

For nations who need VISA to enter Portugal, please send the “Visa Application Form” fully filled not later than **Friday, December 29th 2017**.

### **13. Training Camp Program**

<b>PJF Women International Training Camp</b> from Monday, February 5th until Wednesday, February 7th 2018			
<b>Inatel Costa de Caparica</b>			
<b>DATE</b>	<b>05/02/2018</b>	<b>06/02/2018</b>	<b>07/02/2018</b>
<b>Morning</b>	11:00 – 13:00	10:00 – 12:00	10:00 – 12:00
<b>Afternoon</b>	16:00 – 18:00	16:00 – 18:00	16:00 – 18:00