



**Federação Portuguesa
de Judo**

**Portuguese Judo Federation
Women Internacional Training Camp**

**Costa de Caparica - Almada
Portugal 2018**

February 5 – 7, 2018

1. Date

Monday 5th of February – Wednesday 7th of February 2018

The International Training Camp takes place just after the **European Judo Open Women, Odivelas 2018** and just before the **Grand Slam of Paris**.

2. Organizer

Portuguese Judo Federation

Address: Rua do Quelhas, 32
1200-781 Lisbon
Portugal

Email: portugalevents@fpj.pt

Tel: +351 213931630

Fax: +351 213951679

Emergency Contact:

Mr. Miguel Abreu (+351) 910 406 802

Ms. Linda Campos (Transfer Issues): (+351) 912 303 640

3. Women Internacional Traininig Camp Place

The Training Camp will take place in:

Inatel Costa de Caparica

Address: Av. Afonso De Albuquerque, S. João Da Caparica,
2825-450 Costa da Caparica, Portugal



4. Participation

The Training Camp is exclusive for Women.

EJU / IJF Member Federations can participate at the ITC.

5. Age

15 years old and over (Born in 2003 and before)

6. Responsibility of the Federations

The athletes will train under the full responsibility of their National Federations. Each National Federation is responsible for insuring its judoka against injury and third part risk (public liability) during the period of the camp. The Portuguese Judo Federation decline all responsibility.

7. Transport

All participants of European Judo Open Women, Odivelas 2018, who wish to participate in the PJF Women Internacional Training Camp, will be transferred from Olaias Park Hotel to Inatel Costa de Caparica on Monday, 5th February morning.

8. Accomodation

Inatel Costa de Caparica

Cost per Person per Night	Full-Board
Single	90€
Double	75€
Triple	70€

Reservation must be done through the ITC Hotel Form and send to Portuguese Judo Federation by email (portugalevents@fpj.pt).

Website: <http://www.inatel.pt/Fundacao/Onde-ficar/Praia/INATEL-Caparica/INATEL-Caparica.aspx>

9. Deadlines

Visa Application:	Friday, December 29th 2017
Hotel Reservation and payment:	Friday, January 5th 2018
Travel details:	Friday, January 5th 2018

10. Cancellation Policy

Up to 30 days before arrival: no charge
29 – 15 days before arrival: 50% refund
Less than 15 days: no refund

11. Payment

All payments should be transferred to the following bank account:

Account Name:	FEDERAÇÃO PORTUGUESA DE JUDO
Account Number:	00600152336
BIC/SWIFT:	CRBNPTPL
NIB:	0046 0053 00600152336 33
IBAN:	PT50 0046 0053 00600152336 33
Bank Name:	BANCO POPULAR
Bank Address:	Av. Miguel Bombarda, 68 * 1050-166 Lisboa

Payment Title: **POR2018_**(your NOC)

All bank fees and money transfer costs must be paid by the sender federation.

12. Visa

For nations who need VISA to enter Portugal, please send the “Visa Application Form” fully filled not later than **Friday, December 29th 2017**.

13. Training Camp Program

PJF Women International Training Camp from Monday, February 5th until Wednesday, February 7th 2018			
Inatel Costa de Caparica			
DATE	05/02/2018	06/02/2018	07/02/2018
Morning	11:00 – 13:00	10:00 – 12:00	10:00 – 12:00
Afternoon	16:00 – 18:00	16:00 – 18:00	16:00 – 18:00